

Hi, my name is Karen Schindeler and I have been a member of the Climb Nova Scotia Board since 2025. As the parent of a competitive youth climber, I hope to support the growth of competitive climbing in Nova Scotia. I am passionate about all types of climbing and want to make sure the sport is accessible to all. I am always happy to have anyone approach me to ask questions about CNS and share ideas about how we can improve the experience for competitive climbers and their families in Nova Scotia.

